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May 16, 2003

SECTION 403 (r) (6) NOTIFICATION

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740

Dear Sir or Madam:

In accordance with the requirement of Section 403 (r) (6) of the Federal Food, Drug and Cosmetic Act, and Rule CFR 101.93, we are hereby to notify FDA that Jarrow Formulas' **Mushroom Optimizer™** product bears the following statements:

1. Jarrow Formulas®, Inc., 1824 S. Robertson Blvd., Los Angeles, CA 90035-4317
www.jarrow.com

2. **Statements:**

- Supports immune function*
- Enhances energy level*
- Supports cell function and protect cells*

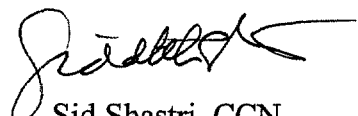
*** These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.**

I certify that the information contained in the notice is complete and accurate, and that Jarrow Formulas has substantiation that the statement is truthful and not misleading.

Sincerely



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